

# The blue planet



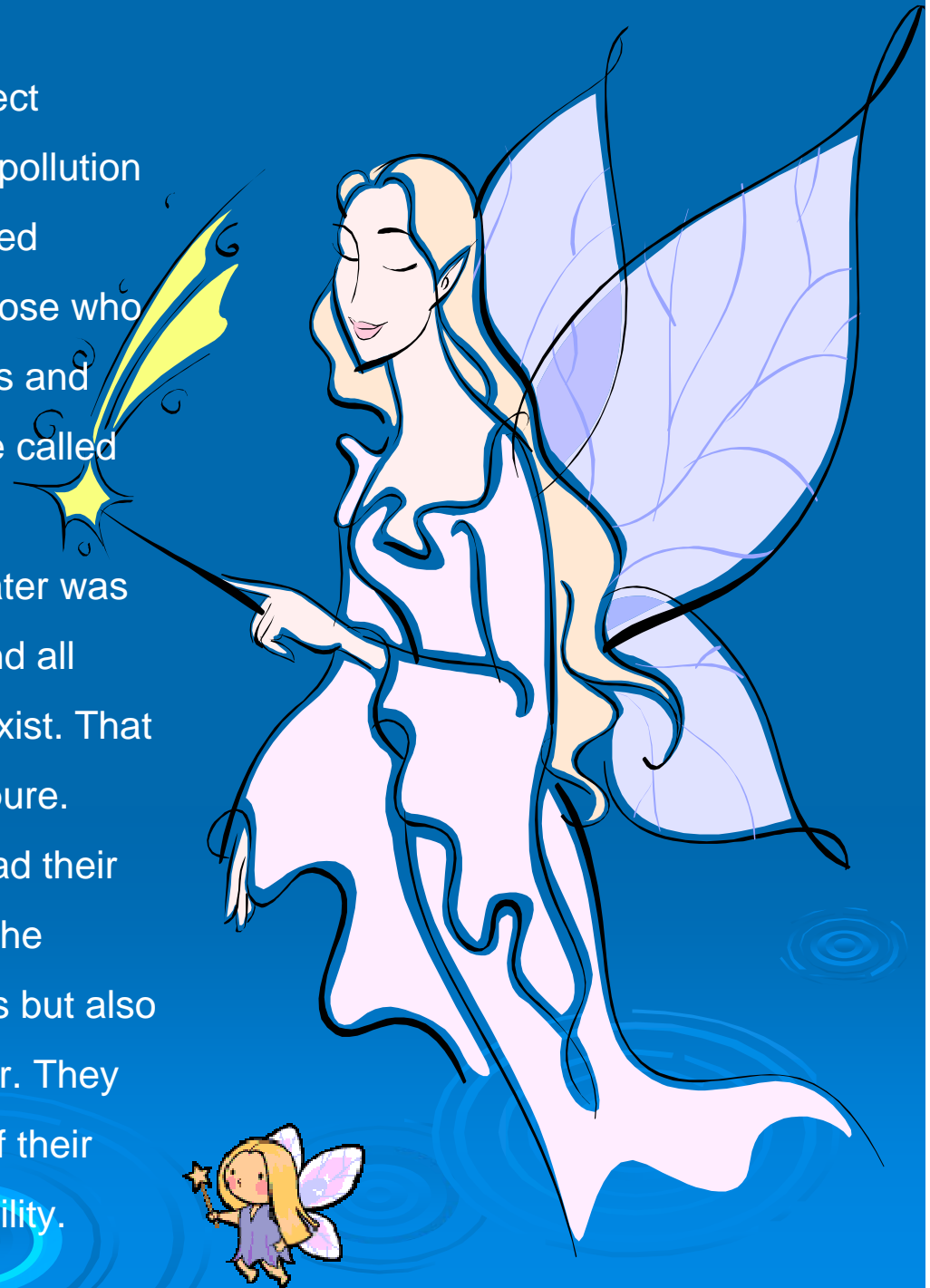
75% of our body  
is  
WATER



The ancient Greeks, in order to protect mountains, forests, rivers and open seas from pollution and disaster, they created beautiful deities called Nymphs, who became protectors of nature. Those who protected rivers and lakes were called Naiades and those who protected seas and coast lines were called Niriides.

The ancient Greeks believed that water was the source of life for humans, animals, birds and all beings on earth. Without water life would not exist. That is why water should be maintained clean and pure.

Deep in the rivers Naidess nymphs had their crystal palaces. Those dreamy creatures with the astonishing beauty were singers, fortune tellers but also protectors of vegetation and the purity of water. They made sure that people would keep the water of their river gods clean and respect their power of fertility.





= 10 L



The water you waste if you don't turn off the faucet while you brush your teeth (10L)



The water you waste if you use the toilet 3 times a day (30L)



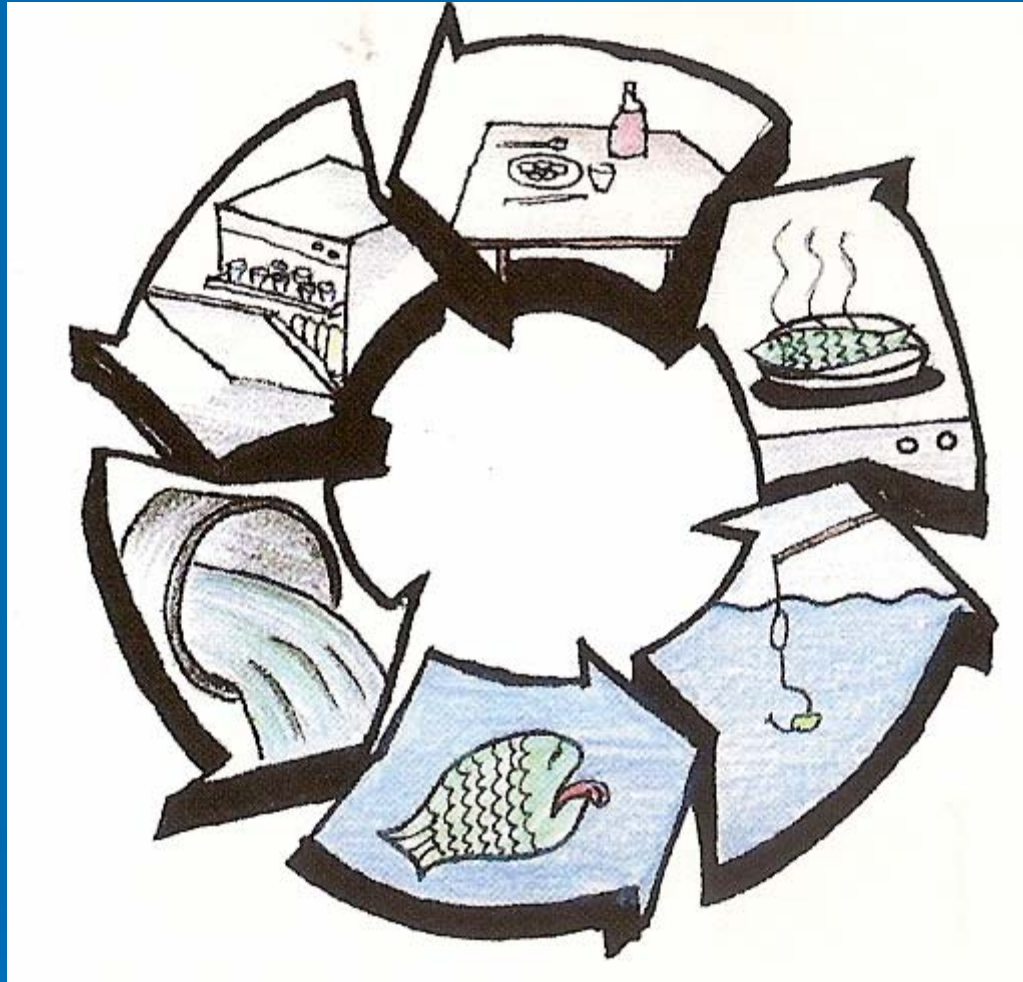


The water you waste when  
you take a bath (**90L**)

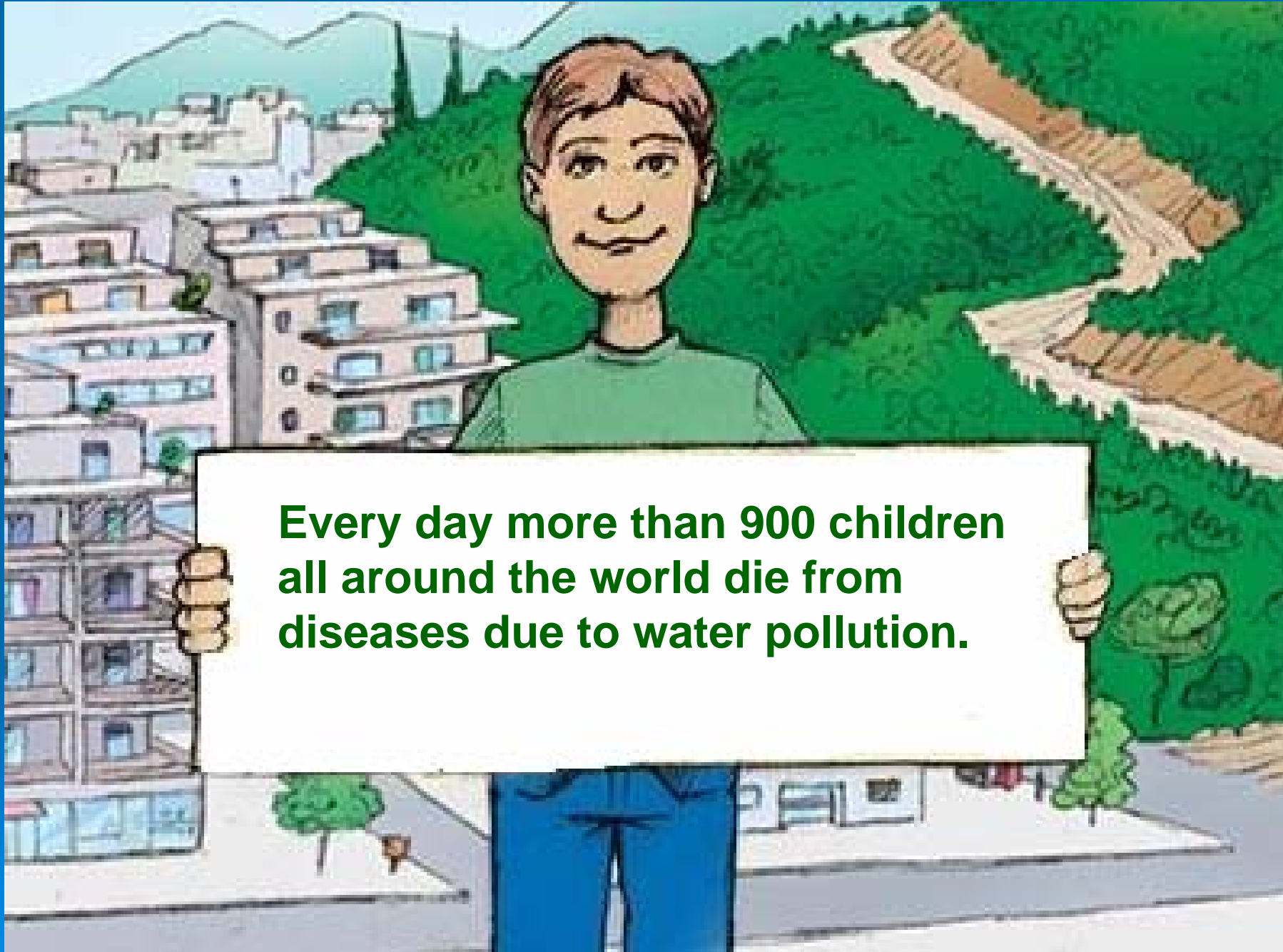


The water you waste to  
do the laundry (**120L**)





“The circle of pollution”



**Every day more than 900 children  
all around the world die from  
diseases due to water pollution.**



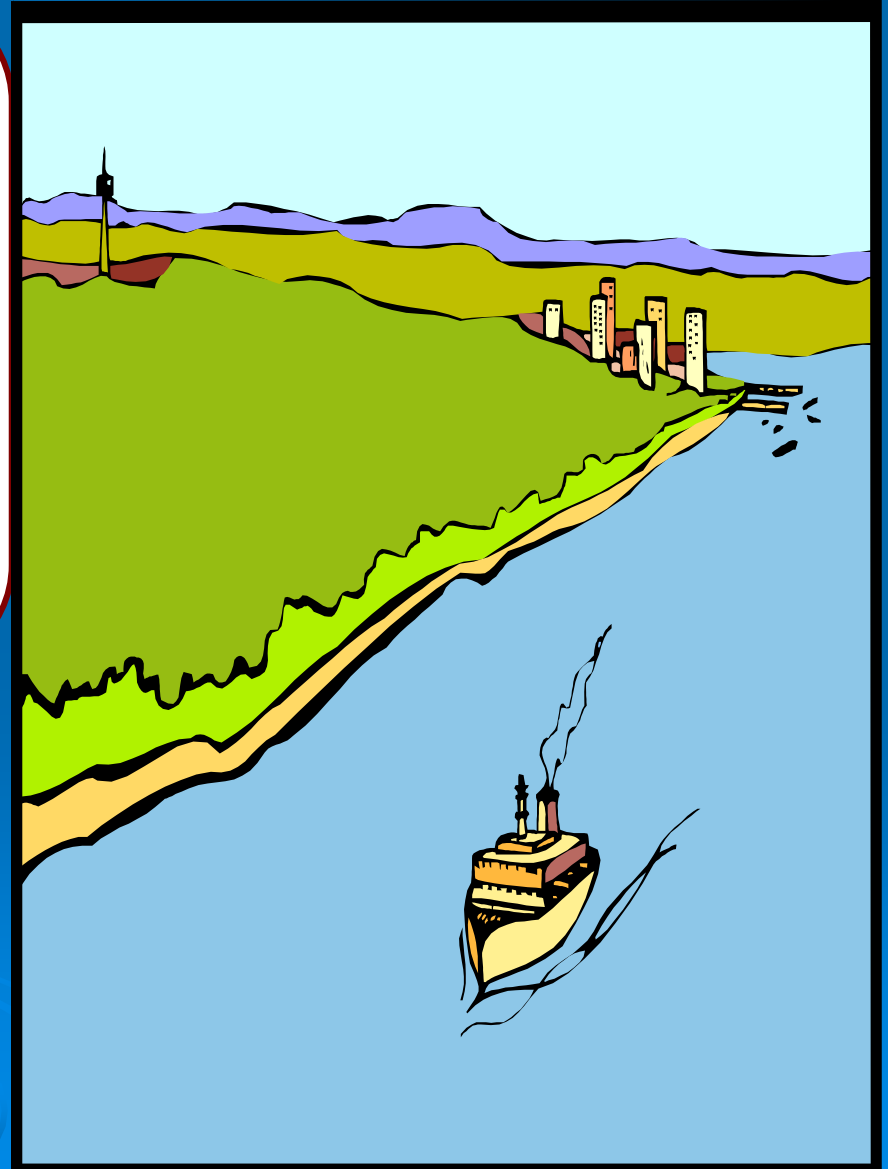
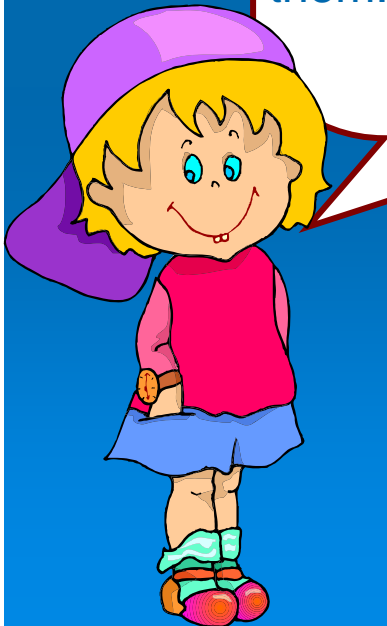
Hello my lovely eco-friends.  
My name is **Water-roulis** and  
I would like you to join me in  
our water- journey.



# Polluted rivers and lakes

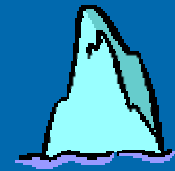
40 % of the pollution in lakes and rivers is caused by used machine oils. A liter of used machine oil pollutes one million liters of water !!!

Convince your parents not to throw machine oils to rivers but recycle them.

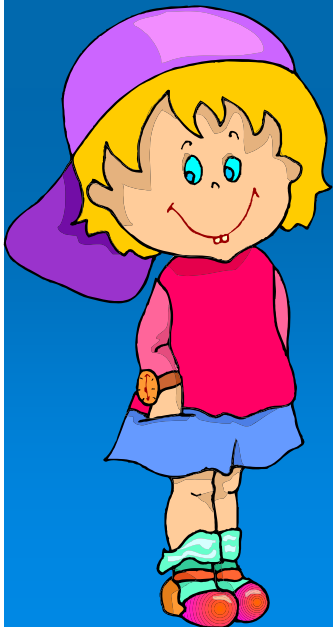




- Industrial chemicals go directly to the sea.
- Urban litter through sewages.
- Oil tanks are extremely dangerous for the environment in case of sea accidents.



Seas can not absorb so many pollutants, so plankton is destroyed and fish die from hunger.



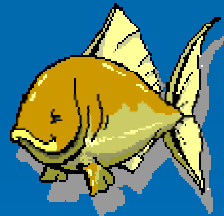
The Mediterranean needs 90 years to  
renew its water



# Polluted coast lines



Litter dumped by irresponsible people causes the death of many birds and sea creatures such as seals, dolphins, sea turtles etc.



Remember: never leave your rubbish behind, instead put it in a bag and throw it in the nearest bin!!!

# Choose environmentally friendly detergents



Most detergents contain substances which cause seaweeds to overgrow using the oxygen of sea water. Therefore, fish cannot survive.

# Water for everyone



Except polluted seas, rivers and lakes a huge problem is also the lack of potable water.

In Third World countries the situation is alarming.

Some countries have potable water only during the day.

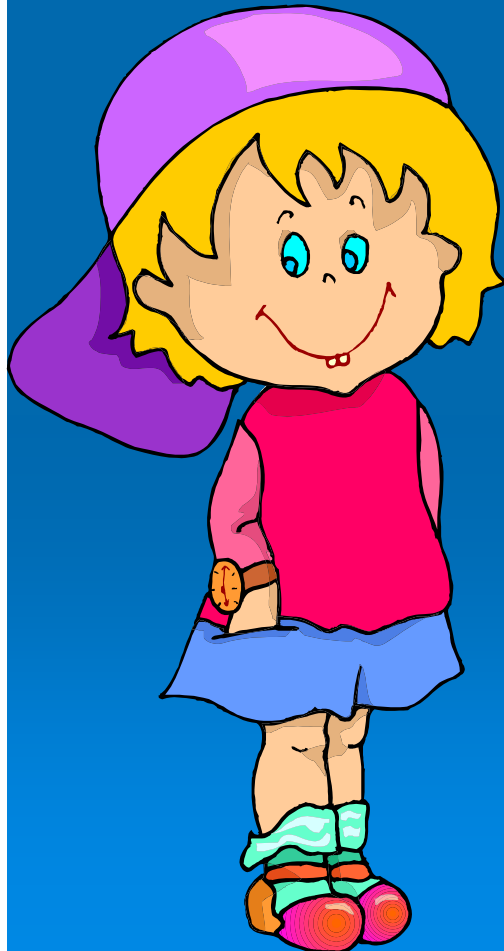


# We are champions of consuming



In Greece the average annual water consumption is 2.389 m<sup>3</sup> per person where as the average inhabitant of the planet wastes 1.243 m<sup>3</sup> per year

It is obvious that something is wrong...





# Water reserves

The situation in Greece is getting worse due to the lack of rain and the overuse of water reserves. Greek islands especially face this major problem.

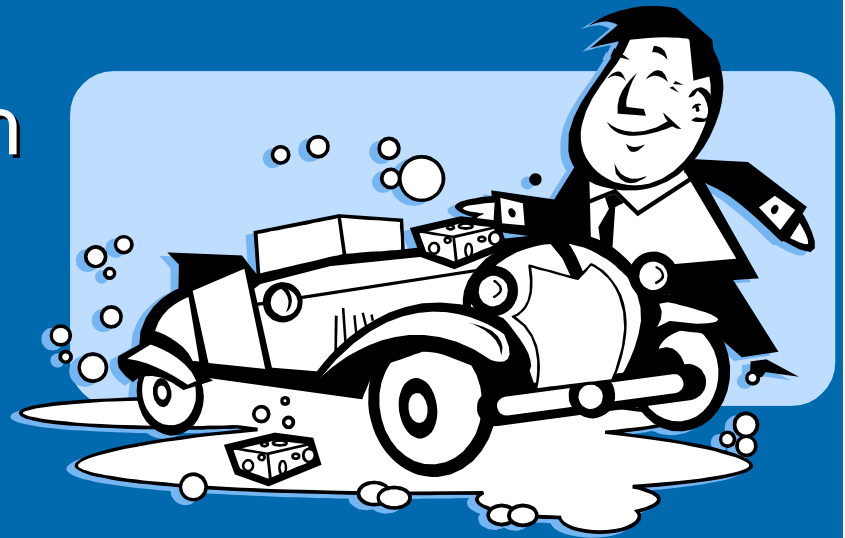


We can solve the problem of lack of water and pollution by using only the amount of water we really need.

Here are some suggestions:



Do not use a hose to wash your car.



Use a bucket and sponge instead. The water you save in a year could fill a whole swimming pool !!!



# Turn off the faucets

There are many ways to save water.

If you use a low consumption in the shower you can save 15% of water. You can also do the same in the kitchen !!!

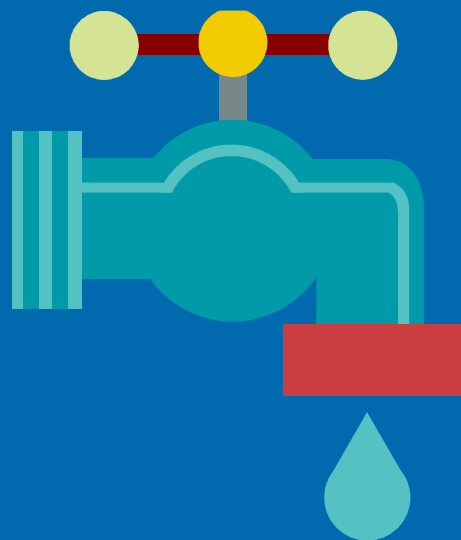


Each time you flush the toilet you waste 10Lt of drinkable water.

Try putting inside your flush 1 or 2 bottles of water.



**It's amazing how much water you will save !!!**



If you don't let the faucet drip, each year you could buy a toy.





It is our duty to help keep  
our planet clean in order  
to enjoy its beauty.